



Maharshi Karve Stree Shikshan Samstha's

Shri Siddhivinayak Mahila Mahavidyalaya

Karve Nagar, Pune-52



Affiliated to Savitribai Phule Pune University, 'A' Grade with 3.04 CGPA
by NAAC

Best Practices 2020-21

Title of the Practice 1: Utilization of Library reading hall by Alumni.

Objective: 1.To make the library available for Alumni

The context: Healthy and peaceful environment during studies plays an important role in quality education. Our college makes an effort to provide all the facilities like reading hall, internet facilities, books etc. to make a student -friendly study place. Once the students are rolled out of the college, they can not avail the college facilities and resources. Majority of the students seeking admission at our college are from socio- economically under privileged background and have limited resources due to which they can not avail comfortable study space which hampers the quality of the education. To overcome this problem, the college decided to make use of Library space as an extended benefit to our Alumni. The College library has 5000 Sq. feet area out of which sufficient space has been utilized for reading hall.

The Practice: Our College Alumni, pursuing higher education from other colleges or preparing for competitive examinations are allowed to use the reading halls of the library at a nominal fee. The beneficiaries fill up a form and avail this benefit at very nominal cost.

Evidence of Success: Students have reported positive remarks about the usage of reading halls. They could study with concentration which resulted in better results. The reading hall was available at nominal fees which saved the cost of joining private libraries.

Problems Encountered and Resources Required: Due to COVID 19 situation and frequent lockdowns, very few students could take an advantage of this extended benefit.

Title of the Practice 2: State level online certificate course on ‘Women health and Nutrition’

Objective: To educate students about nutritional demands and maintain physiological health.

The Context: Our Mother institute has been committed to ‘Empowerment of Women through Education. Taking ahead the vision of our mother institute, Department of life sciences conducted online certificate course on Women health and nutrition. During pandemic, burden on a women increased by many folds. It was very much necessary to educate students to maintain the physical as well as psychological health of girl’s students.

The Practice: A course was conducted from 22nd Feb-27th February 2021. 124 students from various universities registered and completed the course successfully. Prof. Gayatri Pandare talked about current health status of women in India and need for the awareness. Dr Archana Kachhaway explained Physiology of female body. Prof Monali Kashid discussed commonly found deficiencies and diseases associated with women. Prof Shriya Umrani briefed about nutritional requirements of women and importance of balanced diet. Prof Anagha Chikate gave demonstrations of exercises and talked about stress management.

Evidence of Success: Feedback was taken from participants. The course provided them in depth knowledge of women health, role of nutrition, women health issues and healthy lifestyle habits. It helped them to maintain good health during pandemic.

Problems Encountered and Resources Required: Some students faced connectivity issues during the sessions due to unavailability of good internet facilities. There were restrictions on laboratory usage for few demonstrations.